

Dr. Glen Peterson D.C.

Chiropractor / Trainer

July 2017

Infinite Fitness Schedule

Robert Moore IV

Certified Personal Trainer

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------------------------------|--|--|--|--|---------------------------------------|---|
| | Cross Training 5pm until 7:30pm | 27 Cross Training 5pm until 7:30pm | 28 Cross Training 5pm until 7:30pm | 29 Cross Training 5pm until 7:30pm | 30 Cross Training 4pm until 7pm | 1 Cross Training 12pm till 2pm Open Workout |
| 2 KRAC4Runners 9am Run Club | 3 Cross Training 5pm until 7:30pm | 4 July 4 th | 5 Cross Training 5pm until 7:30pm | 6 Cross Training 5pm until 7:30pm | 7 Cross Training 4pm until 7pm | 8 Cross Training 12pm till 2pm Open Workout |
| 9 KRAC4Runners 9am Run Club | 10 Cross Training 5pm until 7:30pm | 11 Cross Training 5pm until 7:30pm | 12 Cross Training 5pm until 7:30pm | 13 Cross Training 5pm until 7:30pm | 14 Cross Training 4pm until 7pm | 15 Cross Training 12pm till 2pm Open Workout |
| 16 KRAC4Runners 9am Run Club | 17 Cross Training 5pm until 7:30pm | 18 Cross Training 5pm until 7:30pm | 19 Cross Training 5pm until 7:30pm | 20 Cross Training 5pm until 7:30pm | 21 Cross Training 4pm until 7pm | 22 NO CLASS |
| 23 NO RUN | 24 Cross Training 5pm until 7:30pm | 25 Cross Training 5pm until 7:30pm | 26 Cross Training 5pm until 7:30pm | 27 Cross Training 5pm until 7:30pm | 28 Cross Training 4pm until 7pm | 29 HALLOWEEN 16 DAY 1 FOOPM-? |
| 30 KRAC4Runners 9am Run Club | 31 Cross Training 5pm until 7:30pm | 1 Cross Training 5pm until 7:30pm | | | | |

All classes are only \$5.00 once you have been evaluated. Initial Functional Capacity Exam: \$25.00